

MealViewer

Instruction Manual
Created by Ashley Summers
August 31, 2017

MealViewer Schools x MV MealViewer x Google Docs secrets: 20 x

Secure | [https://schools.mealviewer.com/](https://schools.mealviewer.com)

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MV

<https://schools.mealviewer.com/>

find your school's menu

SEARCH

FIND YOUR SCHOOL **CREATE AN ACCOUNT** LOGIN

Search for your school by city, state, or school name

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Are you a parent or student?

P	S
Parent	Student
<input checked="" type="checkbox"/>	<input type="checkbox"/>

[or skip for now](#)

Select "Parent" profile and click the  to move to the next page.



< What is your child's name?

FIRST NAME / NICKNAME

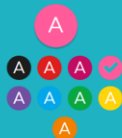
Ashley

Cancel



<

Pick Ashley's profile color.



Cancel



< Where does Ashley go to school?




YOUR CHILD'S SCHOOL

Carolina Springs

-  Carolina Springs Elem.
Lexington, South Carolina
-  Carolina Springs Middle School
Lexington, South Carolina

Cancel





1. Enter your child's name and click 
2. Select your child's profile color and click 
3. Type the name of your child's school and select from the available menu options, then click 

Where does Ashley go to school?

YOUR CHILD'S SCHOOL


Carolina Springs

-  Carolina Springs Elem.
Lexington, South Carolina
-  Carolina Springs Middle School
Lexington, South Carolina



Does Ashley have any allergies?

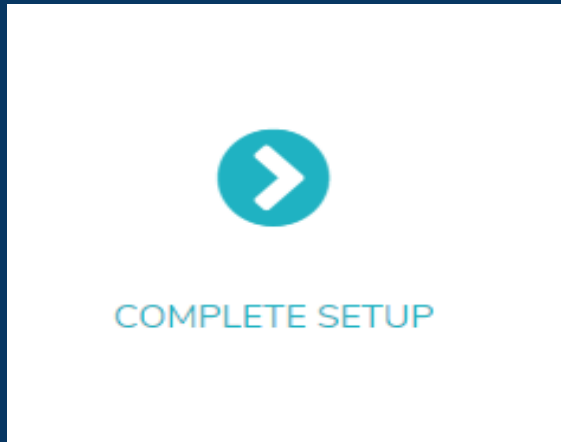
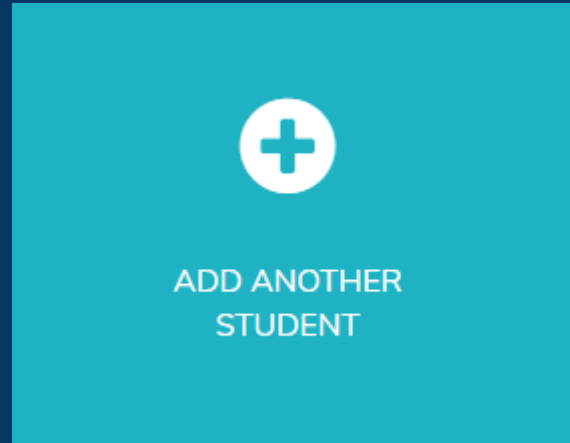
-  MILK **YES, I'M ALLERGIC**
-  FISH I'M NOT ALLERGIC
-  SHELLFISH I'M NOT ALLERGIC
-  PEANUT I'M NOT ALLERGIC
-  EGG I'M NOT ALLERGIC
-  SOY I'M NOT ALLERGIC
-  WHEAT I'M NOT ALLERGIC
-  TREE NUTS I'M NOT ALLERGIC

Select all allergens that your child has.
Then select 

Cancel



If you have multiple children in the district, and would like to set up profiles for each child, select “Add Another Student”. You will follow the same steps in slide 3 and 4 until all profiles have been created.



If you do not need to add any additional children, select “Complete Setup”.



One last thing ...

EMAIL ADDRESS

|

CONFIRM EMAIL ADDRESS

skip this step

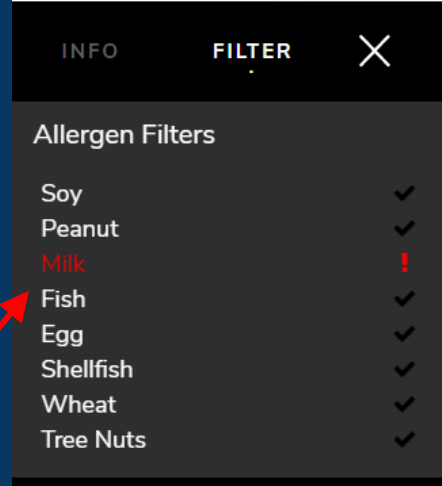
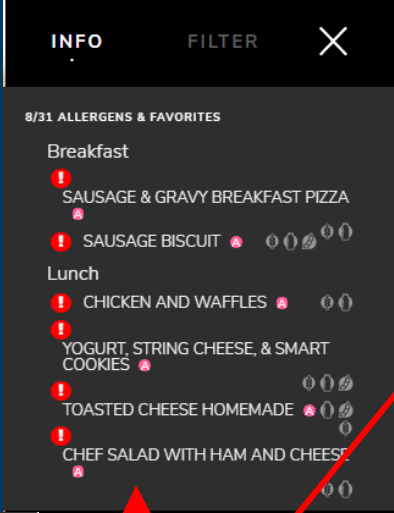
- In order to receive notifications when your favorite menu items are being served and other important information, enter and confirm your email address.
- If you do not wish to receive emails, select “skip this step”

Cancel

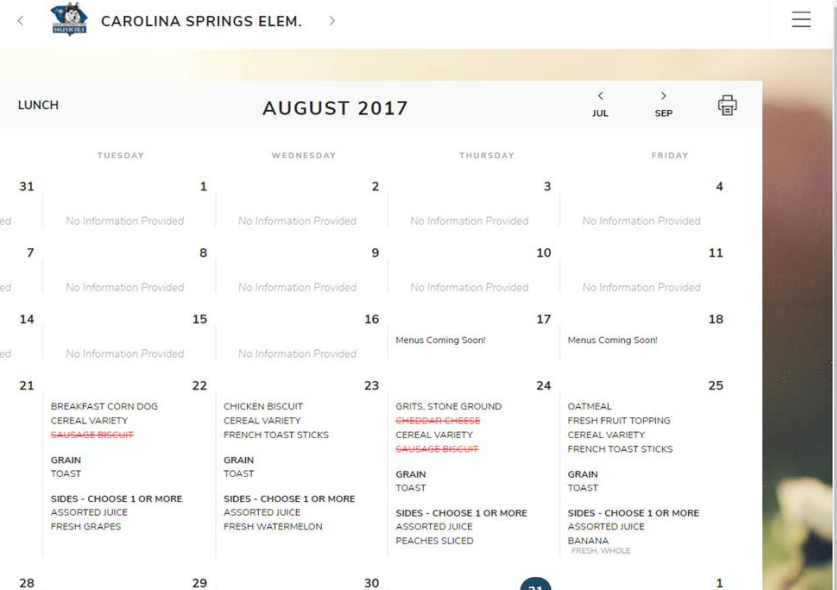
On the left hand side of the page, you will find nutritional and allergen information shortcuts.

Under “Info” you will see your child’s favorite menu options, if any are selected, and which menu items contain allergens that your child can’t have.

You will also notice those items marked out in red on the menu




If you would like to join your child for a meal, you can select the “Filter” tab and select any allergies YOU may have without changing your child’s profile information. This will automatically show you what menu items you may enjoy when you visit our cafeteria.



NUTRITION CALCULATOR

Your meal's nutrition information

Use this new tool to quickly choose food items and see the nutritional calculations!



Let's add it up →

You may also access the nutritional calculator by selecting “Let’s add it up”. This tool will allow you to adjust portions automatically adjusting nutritional information.

Select this menu bar to open the allergen and nutritional calculator menu from the previous slide.

Toggle between breakfast and lunch menus without having to leave the page!

If you have multiple profiles set up for children attending different schools, you can toggle between menus without having to leave the page!

Scroll from one month to the next without having to leave the page!

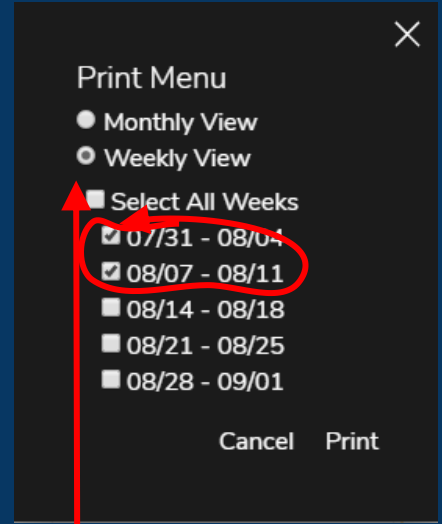
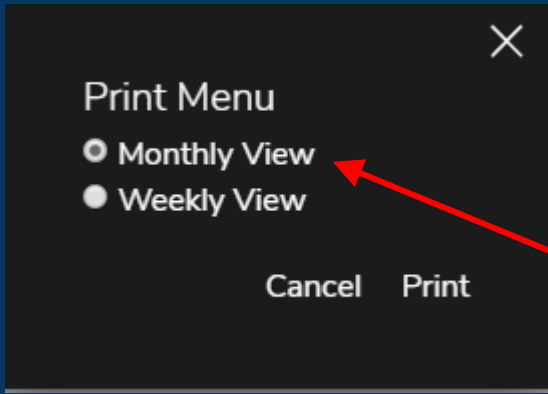
Select this menu to control and update profiles, schools, and allergens. This will allow you to update your child's school when the move on to the next level without having to create a new profile!

The screenshot shows a web interface for Carolina Springs Elem. At the top, there is a navigation bar with a hamburger menu icon on the left and right, and the school name "CAROLINA SPRINGS ELEM." in the center. Below the navigation bar, there is a menu selection area with "BREAKFAST" and "LUNCH" buttons. The main content area displays a calendar for August 2017, with columns for Monday through Friday. The calendar shows dates from 31st to 25th. For each date, there is a description of the menu items. For example, on August 23rd, the breakfast is "GRITS, STONE GROUND" and the lunch is "CHICKEN BISCUIT CEREAL VARIETY". On August 24th, the breakfast is "CHEDDAR CHEESE CEREAL VARIETY" and the lunch is "OATMEAL FRESH FRUIT TOPPING".

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 No Information Provided	1 No Information Provided	2 No Information Provided	3 No Information Provided	4 No Information Provided
7 No Information Provided	8 No Information Provided	9 No Information Provided	10 No Information Provided	11 No Information Provided
14 No Information Provided	15 No Information Provided	16 No Information Provided	17 Menus Coming Soon!	18 Menus Coming Soon!
21 Menus Coming Soon!	22 BREAKFAST CORN DOG CEREAL VARIETY	23 CHICKEN BISCUIT CEREAL VARIETY	24 GRITS, STONE GROUND CHEDDAR CHEESE CEREAL VARIETY	25 OATMEAL FRESH FRUIT TOPPING

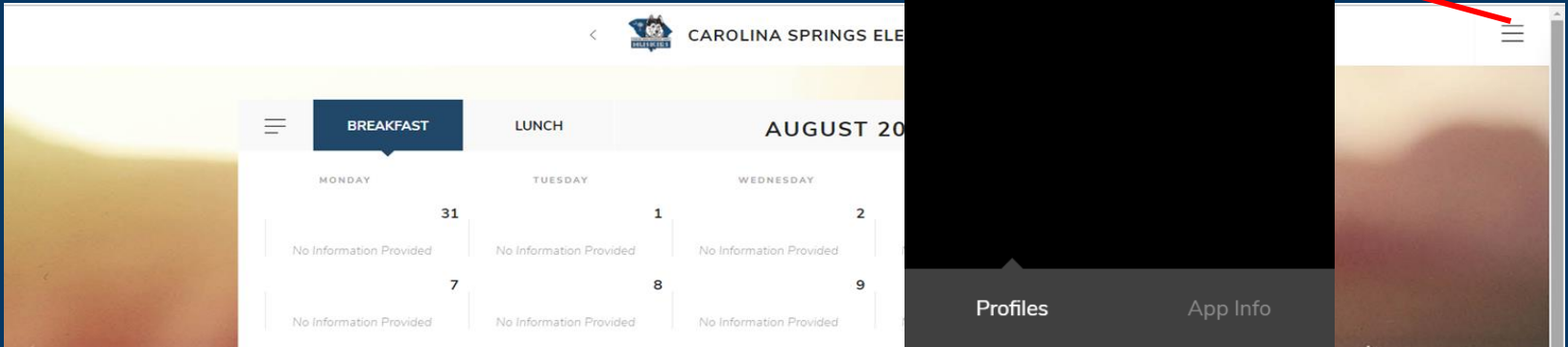
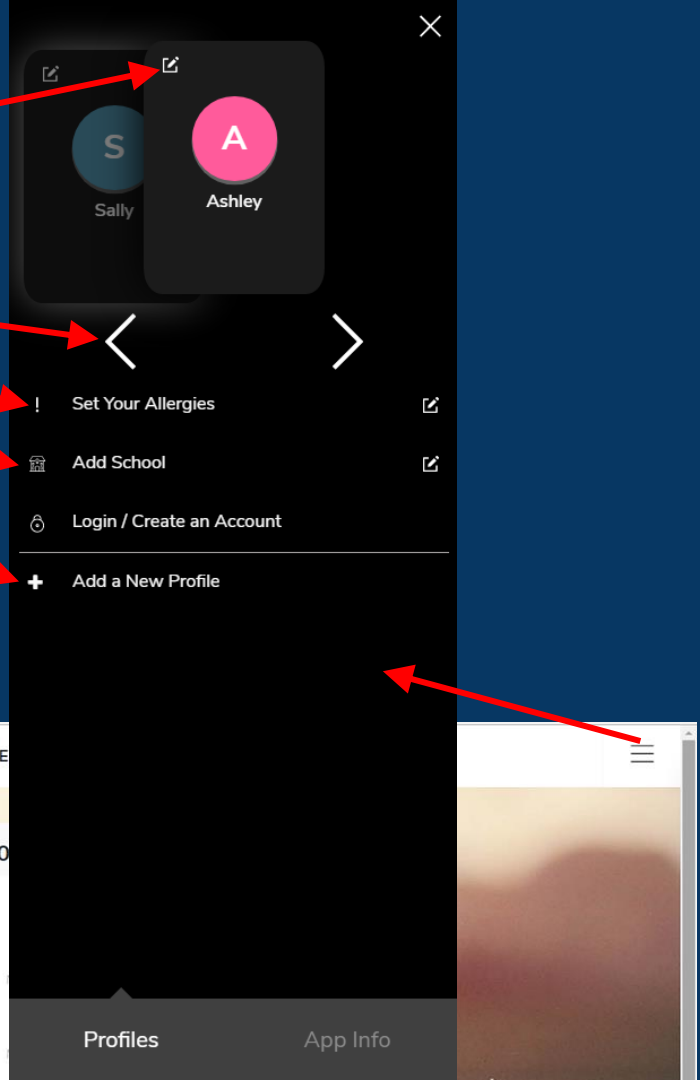
By selecting the printer icon, you can select to print your menus by the month or by the week.

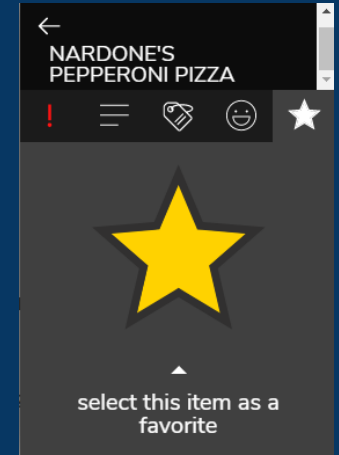
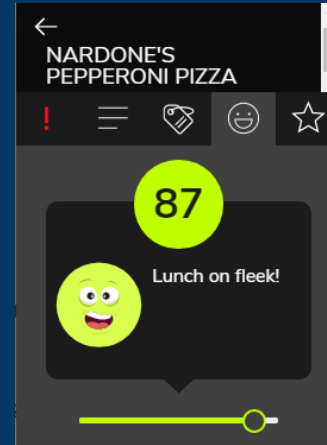
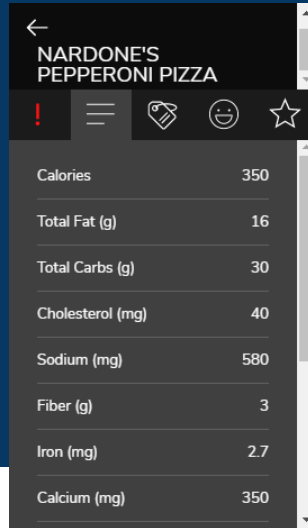
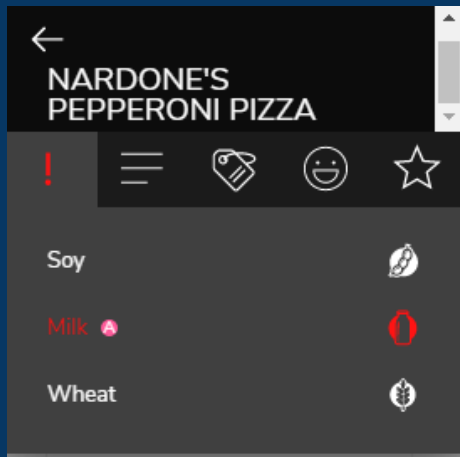
If you select to print by the week, you can select which weeks you would like to print.



From this menu....

1. Update existing profile information
2. Switch back and forth between each student you have set up with a profile.
3. Set and update your allergies.
4. Add additional schools.
5. Add additional profiles.





21

ENTREE - CHOOSE ONE

MOZZARELLA-CHEESE STICKS:
RICHES
MARINARA SAUCE

*YOGURT, STRING-CHEESE, & SMART
COOKIES
TOASTED-CHEESE HOMEMADE
NARDONE'S PEPPERONI PIZZA

SIDES - CHOOSE 1 OR MORE

FRESH BROCCOLI FLORETS
GREEN BEANS
FRESH WHOLE APPLE
FRUIT COCKTAIL

BREAKFAST CORN DOG
CEREAL VARIETY
SAUSAGE BISCUIT

GRAIN
TOAST

SIDES - CHOOSE 1 OR MORE

ASSORTED JUICE
FRESH GRAPES

23

ENTREE - CHOOSE ONE

SPAGHETTI & MEAT SAUCE
GARLIC TEXAS TOAST
NARDONE'S PEPPERONI PIZZA

*YOGURT, STRING-CHEESE, & SMART
COOKIES
TOASTED-CHEESE HOMEMADE

SIDES - CHOOSE 1 OR MORE

CAESAR SALAD
FRESH BABY CARROTS
FRUIT PEARL VARIETY

24

ENTREE - CHOOSE ONE

*ASIAN CHICKEN W/RICE
*YOGURT, STRING-CHEESE, & SMART
COOKIES
TOASTED-CHEESE HOMEMADE
CHEF SALAD WITH HAM AND
CHEESE

SIDES - CHOOSE 1 OR MORE

TERIYAKI GLAZED VEGETABLES
SALAD, SPINACH
PEACHES SLICED
PINEAPPLE TIDBITS

25

ENTREE - CHOOSE ONE





*YOGURT, STRING-CHEESE, & SMART
COOKIES
TOASTED-CHEESE HOMEMADE
NARDONE'S-CHEESE PIZZA
HOT-DOG-ON-BUN


SIDES - CHOOSE 1 OR MORE


CAROLINA COLESLAW
BAKED BEANS
BANANA
FRESH, WHOLE
DICED PEARS


Click directly onto specific menu items to access the allergen information, nutritional data, rate the menu item, and select it as a favorite.

You have to click directly onto the star for it to mark it as a favorite.

	Portion	Carbs
<input checked="" type="checkbox"/> SAUSAGE & GRAVY BREAKFAST PIZZA	-  3/4 +	15.8
<input type="checkbox"/> CEREAL VARIETY	-  None +	23.8
<input type="checkbox"/> SAUSAGE BISCUIT	-  None +	34.0
Grain		
	Portion	Carbs
<input checked="" type="checkbox"/> TOAST	-  Full +	14.0
Sides - Choose 1 or More		
	Portion	Carbs
<input checked="" type="checkbox"/> ASSORTED JUICE	-  Half +	7.6
<input type="checkbox"/> PEACH CUP	-  None +	19.0

Aug 31st 

Breakfast 

283.4	37.4	10
Cal	Carbs	Fat
Clear		
All Nutritional 		

1. Open the nutritional calculator and select the items your child had for breakfast/lunch.
2. Click on the “+” and/or “-” signs to adjust the portions.
3. The nutritional data will automatically update to reflect the portion that was consumed.

Select a specific date for a menu you would like to see the nutritional data for.

Toggle between breakfast and lunch menus from the same screen!